

Upper Coomera Youth

All activities are free!

School Holiday Program 19 – 30 September 2016

Monday 19 th Sept 2016		WEEK 1
9am-10am	Icebreakers	Let's get the holidays started and make some friends
10am-12pm	Inflatable Fun	Jousting Fun
12pm –1pm	Lunch	Bring your lunch and let's all eat together
1pm-2pm	Mini Golf	Take you best putt! Who can get a hole in one?
2pm-4pm	Inflatable Fun	Jousting Fun Take 2
4pm-5pm	Food Challenges	Chubby Bunny, m & m's, Wheatbix challenge and more
Tuesday 20 th Sept 2016		
9am-10am	Bulls Eye	Take your best shot
10am-12pm	Scrolls	Come and team up to make the yummiest scrolls *
12pm-1pm	Lunch	Bring your lunch and let's all eat together
1pm-3pm	Bark Art	Come and create an inspiring work of art
3pm-3.30pm	Skip the rope	Who can stay in the longest
3.30pm-5pm	Drumming/Touch Football	Come and join in for some drumming fun *
Wednesday 21st Sept 2016		
9am-10am	Scatter Ball	Duck and weave and be the last one standing
10am-12pm	Mexican Fiesta	Come and make some yummy Mexican food *
12pm-1pm	Lunch	Bring your lunch and let's all eat together
1pm-2pm	Energy Entertainments	Come and learn some new skills including juggling
2pm-3pm	Can Creations	Create a colourful container for yourself or to give as a gift
3pm-5pm	Movie Madness	Grab a bean bag and enjoy a movie, we'll provide the popcorn
Thursday 22 nd Sept 2016		
9am-11am	Tie Dye	Bring in something white and create something colourful
11am-12pm	Cookie Colouring	Who can create the most colourful, edible art? *
12pm-1pm	Lunch	Bring your lunch and let's all eat together
1pm-2pm	Scavenger Hunt	Run, run as fast as you can to be the ultimate winner
2pm-3pm	Project Runway	Walk the catwalk in Upper Coomera's fashion show
3pm-5pm	Bowling	Who can knock all the pins down in glow in the dark bowling
Friday 23 rd Sept 2016		
9am-10am	Oz Tag	Team up to be the ultimate winners!
10am-12pm	Mince Damper	Learn to make an Australian favourite with a twist *
12pm-1pm	Lunch	Bring your lunch and let's all eat together
1pm-3pm	Goal Feather	Come and set some goals with your own goal feather
3pm-5pm	Movie Madness	Grab a bean bag and enjoy a movie, we'll provide the popcorn

All activities are designed for young people 12-17 years and all free!

Registrations can be completed on any day

★ Indicates activity has limited spaces - booking is essential.



Upper Coomera Youth is located at:

Upper Coomera Centre, 90 Reserve Road, Upper Coomera

For information: **email:** uppercoomerayouth@goldcoast.qld.gov.au or

text/phone: 0408 734 061

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School Holiday Program 19– 30 September 2016

Monday 26 th Sept 2016		WEEK 2
9am-10am	Indoor Soccer	Bend it like Beckham to be the UCY winning team
10am-12pm	Muffin Master Chef	Team up to cook the winning muffin, there will be prizes *
12pm –1pm	Lunch	Bring your lunch and let's all eat together
1pm-2pm	Fitness Challenge	Join Hannah from Get Fit Chix Fitness
2pm-3pm	Rainbow Art	Who can scratch the most creative work of art
3pm-5pm	Competition time	Ping pong and pool competition
Tuesday 27 th Sept 2016		
9am-10am	Ultimate Frisbee	Duck and weave to get the Frisbee to the goal
10am-12pm	String Art	Create something unique to display at home
12pm-1pm	Lunch	Bring your own lunch and let's all eat together
1pm-3pm	Battle of The Bands	Who has the UCY Talents? All participants get a prize 😊
3pm-3.30pm	Tug-o-war	Which team has the strength to be the victors
3.30pm-5pm	Drumming/Touch Footy	Come and join Tracey for some drumming fun
Wednesday 28 th Sept 2016		
9am-10am	Pitching Perfection	Which one of you is the next Babe Ruth?
10am-12pm	Cake Creations	Team up to decorate and create the best cake
12pm-1pm	Lunch	Bring your own lunch and let's all eat together
1pm-3pm	Karaoke	Come and sing your heart out.
3pm-5pm	Movie Madness	Grab a bean bag and enjoy a movie, we'll provide the popcorn
Thursday 29 th Sept 2016		
9am-10am	Softball	Who will be part of the UCY softball team
10am-12pm	Fried Rice	Judges will taste test to decide which team wins!
12pm-1pm	Lunch	Bring your lunch and let's all eat together
1pm-2pm	Kelly Pool	Only one person has the winning number, is it you?
2pm-5pm	Straight Outta Coomera	Come and enjoy some local musical talent
Friday 30 th Sept 2016		
9am-10am	Scatter Ball	Duck and weave be the last one standing
10am-12pm	Skateboarding	Learn some new skills with our professional, Flavio
12pm-1pm	Lunch	Bring your own lunch and let's all eat together
1pm-3pm	Large colouring	Let's all create a colourful masterpiece
3pm-5pm	Movie Madness + Awards	Grab a bean bag and enjoy a movie, we'll provide the popcorn

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