

# **Anam Cara**

## Accommodation and information

### **Anam Cara**

Located in the leafy suburb of Bray Park, Anam Cara is an innovative and award-winning aged care community. Anam Cara is home to residents who live across eight custom-designed houses interconnected by outdoor walkways that give the community an open, welcoming feeling. The eight houses are all single storey with easy access to expansive outdoor gardens, where residents can entertain family and friends in the BBQ area and children's playground. Anam Cara is conveniently located close to many community amenities with a bus stop across the road and hotel and shopping centre nearby.

### **Room features**

All 119 rooms at Anam Cara are equipped with air conditioning, bed, cabling for phone, a built-in wardrobe and ensuite. The furniture, fittings and service connections give residents the flexibility to make the room their own and add homely touches throughout.





Registered Nurse on-site



Ensuited bathrooms



Infection Control Specialist



Wi-F



Allied Health



Built in wardrobe



Flatscreen TV



Workplace Coach





### **Anam Cara amenities**

Anam Cara leisure and lifestyle staff are on-hand to create spontaneous, meaningful and exciting social and recreational events for residents to take part in. There are a variety of events on offer that may include movie nights, coach tours, scrabble games, sing-alongs and BBQs. Residents enjoy meals served from our buffet selection for breakfast, lunch and dinner.

On-site features include:

- hair salon
- outdoor entertaining area with BBQ
- private family retreat
- buffet–style dining and the ability to cater for specialised diets
- 24/7 self-serve coffee machine.



#### How we care

Wesley Mission Queensland's model of care is guided by our values of respect, empowerment and compassion, aligning with the Aged Care Act and national quality and safety commission standards. Our dedicated staff take a holistic approach when getting to know each resident to ensure care is tailored to their individual interests and abilities. Through activities and outings designed in partnership with our Leisure and Lifestyle teams, residents are provided with opportunities for fun and meaningful experiences that keep them connected and engaged.

Anam Cara
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