



TERM 2 PROGRAMS 2022

Mindful Kids group

A 6-week program teaching children techniques for relaxation, mindfulness and stress management in a fun and creative way

Tuesdays starting 3rd May, 3:45pm – 4:45pm

Cost: \$220 per participant

Grief & Loss group

A 6-week program for children who have experienced significant loss or change in their lives

'Supporting your child through grief and loss' group

A group for parents, run at the same time as grief and loss groups Wednesdays starting 4th May, 3:45pm – 4:45pm

Cost: \$220 per participant

Koala Klub Supported Playgroup

A supported playgroup for parents and their children aged 5 and under

Wednesdays 10:30am – 12pm

Cost: Free

**Places are limited, please call
our friendly team on 5625 1901
for more information.**

**Individual
counselling
and play-based
therapy
available**

WESLEY MISSION QUEENSLAND IS A REGISTERED NDIS PROVIDER

Sliding scale options available for cost of programs