



TERM 4 PROGRAMS 2022

Grief & Loss group

A 6-week program for children who have experienced significant loss or change in their lives. For ages 6-11 yrs.

Mondays starting 17 October, 3:45pm – 4:45pm

Cost: \$220 per participant

Mindful Kids group

A 6-week program teaching children techniques for understanding and managing their worry and stress in a fun and creative way. For ages 6-10 yrs.

Tuesdays starting 18 October, 3:45pm – 4:45pm

Cost: \$220 per participant

Tuning in to Kids

A 6-week program for parents of children aged 5-12 yrs, teaching parents how to help their children develop emotional intelligence.

Mondays starting 17 October, 10am – 12pm

Cost: Free

Little Leaps Playgroup

A supported playgroup for parents and their children aged 5 and under.

Thursdays 10am – 11:30am

Cost: Free

Individual
counselling
and play-based
therapy also
available

All services are held at
Wesley Kids
88 Allied Drive,
Arundel QLD 4214

Places are limited,
please call our
friendly team on
5625 1901 for more
information.

WESLEY MISSION QUEENSLAND IS A REGISTERED NDIS PROVIDER

Sliding scale options available for cost of programs