



TERM 3 PROGRAMS 2022

Mindful Kids group

A 6-week program teaching children techniques for understanding and managing their worry and stress in a fun and creative way.

Mondays starting 11th July, 3:45pm – 4:45pm

Cost: \$220 per participant

Grief & Loss group

A 6-week program for children who have experienced significant loss or change in their lives.

'Supporting your child through grief and loss' group

A group for parents, run at the same time as grief and loss groups

Tuesdays starting 12th July, 3:45pm – 4:45pm

Cost: \$220 per participant (parents group inc. in fee)

Little Leaps Playgroup

A supported playgroup for parents and their children aged 5 and under

Thursdays 10am – 11:30am

Cost: Free

**Places are limited, please call
our friendly team on 5625 1901
for more information.**

**Individual
counselling
and play-based
therapy
available**

WESLEY MISSION QUEENSLAND IS A REGISTERED NDIS PROVIDER

Sliding scale options available for cost of programs