

# Get involved!

## Be part of our vibrant Tuesday BBQs and help us serve up hope, one burger at a time!

### Make an impact, one burger at a time

Our Tuesday BBQs at the Brisbane Relief Hub are hugely popular with both our community and volunteers. Join us on a Tuesday morning, where your team can roll up their sleeves to prepare around 150 nutritious burgers, packed with fresh salads, to feed families and individuals in need.

It's more than just cooking—it's about creating a warm and welcoming environment where people feel supported and cared for. Your team's efforts will not only serve delicious meals but also foster a sense of connection and hope in our community. We have games and music every Tuesday making it a really fun event for everyone.

Whether you're flipping burgers or offering a friendly smile, your time and energy make a real difference to those doing it tough.

### The Brisbane Relief Hub

The Brisbane Relief Hub provides essential support to individuals and families in need, offering nutritious meals, crisis relief, emergency baby hampers, and a welcoming space to connect. It's a place where hope and help come together to make a real difference in our community.

### What a typical BBQ volunteer day looks like

- 1. Arrival and welcome - 8.15am:**  
Volunteers arrive at the Brisbane Relief Hub, where our friendly team greets you with a briefing on the day's activities, safety instructions, and the impact your efforts will have.
- 2. Set-up:**  
Roll up your sleeves and help set up the BBQ area, preparing tables, utensils, and ingredients. Volunteers chop fresh salads, organize burger toppings, and fire up the grill.
- 3. Burger prep:**  
Get into the action by assembling and grilling burgers. Each one is carefully prepared with love, packed with fresh salads, and ready to serve to families and individuals in need.

Our BBQs are a hands-on, team-oriented experience where volunteers leave knowing they've made a tangible difference in someone's day!





#### 4. **Serving meals:**

Volunteers serve the burgers to community members, sharing smiles and fostering connection. This is a rewarding part of the day, seeing the direct impact of your work.

#### 5. **Community interaction:**

Spend time chatting with individuals and families, creating a warm, welcoming atmosphere that makes the BBQs a highlight of the week for many attendees.

#### 6. **Clean-up:**

After the meals are served, volunteers help clean the BBQ area, pack away equipment, and ensure the space is ready for the next day.

#### 7. **Wrap-up - 12.30pm:**

End the day with a quick debrief and reflection on the difference you've made. It's a chance to celebrate your efforts and the positive impact you've had on the community.

### **BBQ volunteer day: need-to-know**

- **What to wear:** Comfortable clothes and closed-in shoes.
- **What to bring:** A water bottle and plenty of good vibes!
- **On arrival:** Ask for Michael or give him a ring if needed.
- **Social media:** Feel free to share, but no photos of volunteers or clients—tag us to celebrate your support!
- **Health and safety:** Stay home if you have COVID symptoms. Masks, sanitiser, and social distancing are encouraged.

*We can't wait to see you there!*

Contact us to discuss available dates and costs.  
Your support truly makes a difference!

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#### **Brisbane Relief Hub**

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