



Ageing well

Experience care that's tailored especially for you




WELCOME

Welcome to Wesley Mission Queensland

You've come to the right place for personalised aged care services for your needs now, and in the future.

As one of Queensland's leading not-for-profit aged care providers, we take pride in offering a range of services for older individuals, ensuring you receive the right support and care as your needs evolve.

We're just a phone call away and would be more than happy to help you. Whether you have questions to address or need explanations about our services, we're here for you.





At Wesley Mission
Queensland
**Your Story is
Our Story**



Our promise to you

You're an individual, and that is why we treat you like one.

We want you to feel like you are heard, understood and that you can achieve your care plan goals.

We will collaborate with you, your loved ones and support team to ensure you are leading the life you want to live.

We're committed to continuously improving aged care, ensuring a more progressive, and caring future.

We're here to simplify your aged care journey, ensuring you understand your options at every stage.





Why choose Wesley Mission Queensland for aged care?

With more than 115 years of experience caring for the community, you're in good hands.

We are dedicated to collaborating closely with you, your chosen family, and your healthcare professionals throughout your journey. We ensure that you are well-informed about all your options and have access to the right services when you need them. Your wellbeing and satisfaction are our top priorities, and our professional and caring staff are here to support you at every step.



Continuity of care

Supporting you at every step, from retirement living, to respite and in-home care and residential aged care.



Flexible care

Whether in your home or with us, we support you as you need.



Personalised care

We listen to you to understand your needs and personalise your care.

See how we can support you at every step of your journey.
Visit www.wmq.org.au or call us on 1800 448 448



Life your way

Every journey is unique, which is why our care approach is designed to help you embrace a vibrant and healthy lifestyle as you age.

We offer a range of supportive services tailored to your needs. Whether you require help around your home, short-term care to get you back on your feet, respite services for you or your caregiver, or engaging programs to stay active and social, we've got you covered.

Embrace independence in a community that you will adore at our retirement villages, where low maintenance apartments or villas allow you to savour more precious moments with your loved ones and engage in activities that bring you joy.

Additionally, we provide residential care homes across Brisbane, ensuring we are there to support you whenever and wherever you may need us. We aim to provide care that suits you best, while supporting your wellbeing and independence.

Please use this colour-code guide to find support at every stage.

-  Home Care
-  Health and Wellbeing
-  Retirement Living
-  Respite Care
-  Residential Care





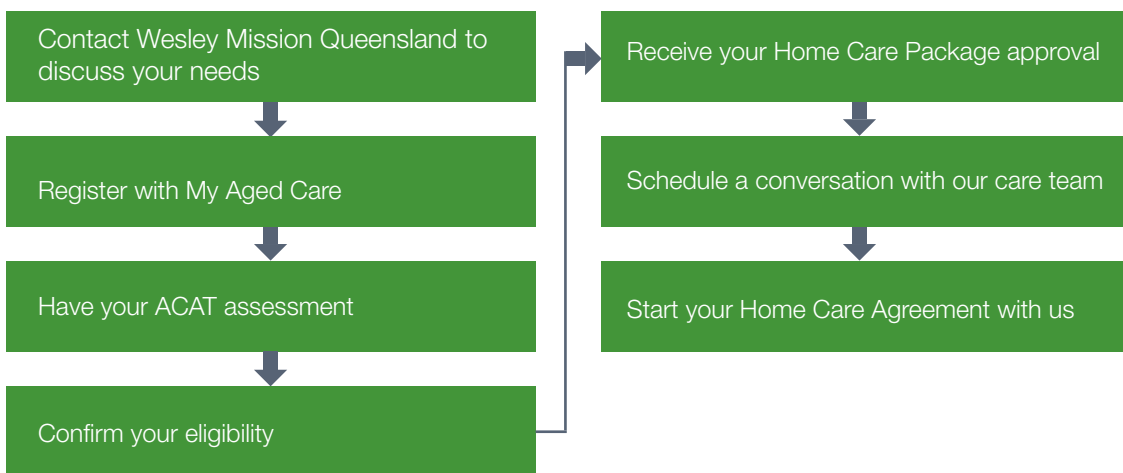
Care from the comfort of your home

Whether you need a little or a lot of help at home, we're here to help you stay independent for as long as possible. We offer the full range of Home Care services, from care, cleaning, and transport to services such as physiotherapy or podiatry and everything in between.

At Wesley Mission Queensland it's never a one-size fits all solution. We take the time to listen and understand your care needs, so that we can support you in maintaining your independence from the comfort of your home. We will be with you at every step of your ageing well journey, which often starts with understanding what funding you may be eligible for and how the process works.

You may be eligible for government funding to subsidise your home care services, either through the Commonwealth Home Support Program (CHSP) or a Home Care Package (HCP). We're an approved provider for both, or you can choose to pay privately – the choice is yours.

Applying for a Home Care Package



Understanding funding

Before you can receive government funding for home care, you will need to register with My Aged Care. You will need to have an ACAT assessment to determine if you are eligible for a CHSP or HCP.

It can take more than 12 months to receive your HCP, so we recommend starting the process as soon as you can.

Talk to one of our care specialists who will be able to help you at any stage – from understanding the registration and assessment process, to choosing which services you may need. You can contact us before, during, or after you start applying for funding.

Find out more at www.wmq.org.au/homecare or call us on 1800 448 448





Helping you stay independent for longer

Whether you need help with daily activities such as cooking, dressing, bathing, or safely managing tasks around the house, we can help you stay independent at home for longer.

Home care assistance is not only practical, but also empowering. It allows you to live your life in your own home for longer, surrounded by your family, friends, and community. It also gives you more choice and control over how you live your life. Whether it's a helping hand with home maintenance, light housekeeping, meal preparation or transport to a weekly exercise class or appointment, you can rely on us to support your needs.

“ Thanks to the fantastic home care services, my days are brighter and easier, all from the comfort of my own home. ”



In and around your home



Day-to-day housekeeping

Helping you with things like dusting and vacuuming, housekeeping or doing laundry.



Garden care

Helping with lawn and garden maintenance to ensure safety around the home.



Help with shopping

Transport and support with shopping or ordering and picking up shopping on your behalf and helping put it away.



Personal care

Showering, dressing or other personal care, or assistance with medication.



Meals

Preparing meals at home or organising prepared meals to be delivered.

Home Care Packaged funds can be used to pay for the preparation and delivery of meals, customers need to pay for the cost of the food/ingredients.



General home maintenance

Taps, lightbulbs, installation of grab rails or smoke alarms, window and door locks and other things to keep you safe in your home.



Staying well and active



Nursing

In-home nursing support including help managing continence, wound care, and other clinical care as advised by your doctor.



Occupational Therapy

Assessment for mobility, equipment and other aids, or minor modifications in your home.



Podiatry

Foot, ankle and lower limb treatment to help with general maintenance and pain free mobility, as well as helping to prevent lower limb complications.



Psychology, counselling and social work

Support with life transitions, relationships and behaviour guidance.



Physiotherapy

We offer hydrotherapy at our Fullton Wellbeing Centre Sinnamon Park, and can organise and support with other group activities such as Pilates, Tai Chi, relaxation and mind wellness activities depending on where you live.



Nutrition

Individual support and planning to support a healthier lifestyle. While improving your nutrition, this service may assist with: weight management, bowels behaving badly, recovery from illness, gut issues such as diverticulitis, cholesterol, diabetes.

Keeping you connected



Respite and activity programs

Full or half day programs at one of our Wesley Mission Queensland respite centres. Alternatively we can organise respite in your home or at a centre local to you.



Assistance with transport

To attend medical or other appointments, go shopping, visit friends and family, or other outings.



Outings

Organising and supporting individual and/or group outings that interest you.



Overnight respite

Centre-based or in your home to allow you or your carer a break.



Social support

A visit at home or outing with one of our care workers.



Social groups

Help finding or attending social groups in your area.

Find out more at www.wmq.org.au/homecare or call us on 1800 448 448



Live longer and stronger

Our team of accredited exercise physiologists, allied health professionals and nurses are here to help you with tailored programs and therapies that support your health and social wellbeing needs. Our services include:



Dietitian



Exercise Physiology



Group Exercise



Remedial Massage



Physiotherapy



Speech Pathology



Podiatry



Nursing



Occupational Therapy



Social Work



Diabetes Education



Allied Health Assistance



Our team collaborates with you to achieve your goals. Whether that is managing and improving symptoms of diabetes or heart disease or improving your strength to reduce the risk of fall and injuries, they are here to ensure you get the most from each visit. We also offer a diverse range of wellbeing programs and activities to support your individual needs. From Pilates, tai chi, hydrotherapy or general fitness classes, our group classes are an enjoyable way to keep active and healthy.

Funding

Depending on your needs, government subsidies are available through Commonwealth Home Support (CHSP) or a Home Care Package (HCP). There are a range of funding and payment options to ensure we can support your health and wellbeing needs.



Nurture your mind, body and spirit

At our Wellbeing Centres, you can join one of our fun group exercise classes or work with one of our personal trainers to design a program to achieve your health and wellbeing goals, such as training for a fitness challenge.

Our team of dietitians are available to help you understand the important relationship between diet and health and can collaborate with you to create dietary plans to help you reach your health goals.

Depending on your needs, our registered nurses can assist you with managing your health and ensuring your independence in your home for as long as possible.

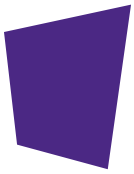


“ There are very few facilities which provide this combination of hydrotherapy and gym. Having the two onsite makes it easier to access. ”

- Jack - Fulton Wellbeing Centre



Find out more at www.wmq.org.au/wellbeing or call us on 1800 448 448



Welcome to the good life

From boutique city living to spacious villas, our retirement living communities offer something for every lifestyle and budget.

Embrace the Queensland lifestyle at one of our three vibrant communities and enjoy the unique characteristics and charm of each village. You will feel right at home, surrounded by a supportive and welcoming community of like-minded individuals who are embracing the good life of retirement.

We currently have more than 500 residents who enjoy the lifestyle, services, and benefits our retirement communities provide, we're bringing new services to meet your needs now and for the future, breathing new life into the locale.

You can spend your day enjoying a variety of social, recreational, and leisure activities organised by the residents for the residents. You will have easy access to facilities and social activities in your village, while some have on-site amenities such as a café, library, or outdoor communal areas.

Enjoy peace of mind knowing that your community has a dedicated village manager, 24-hour access to emergency call services and maintenance looked after, so there is nothing for you to worry about.



“There’s nothing to worry about here. I don’t have to think about the mowing or house repairs or finding someone to water the garden while we go away. We are within distance of the shops and the hospital, which is peace of mind.”

Brian – Wheller on the Park

Is a retirement village right for me?



A community to connect with

Meet new people and find companionship in the village and wider community.



A move that makes financial sense

Release equity from your current property. It could help fund what you need and want.



Time to enjoy retirement

Downsize and let us handle more of the daily maintenance. You’ll have more time to do the things you enjoy.



Moving out made easy

When you decide to leave, there are no marketing or sales costs payable.

**Find out more at www.wmq.org.au/retirement-villages
or call us on 1800 448 448**



Take a break

Recharge and take a break at one of our safe and friendly respite centres.

Respite care supports you, and your carer, by providing you with a break from time to time. The change of pace and scenery can be beneficial for the people we care for. We offer a range of flexible respite options to suit your needs, so you can enjoy a break for a few hours, days, or weeks.



Centre-based day respite

Our respite centres across Brisbane and the Gold Coast create a sense of belonging for everyone. We support you to take part in individual or group activities that suit your interests and needs.



Overnight respite (cottage based)

Enjoy all the comforts of home, including quality meals, activities, and visiting health professionals, in a secure and culturally inclusive environment. With no minimum stay for overnight breaks, you can take full advantage of our rich day program and 24/7 access to carers.



In-home respite

We visit your home to provide you with the respite care you need while your carer takes a break, runs errands or attends appointments. We can also provide this care overnight if your carer is away or needs additional help.



Residential aged care respite

Moving into one of our residential age care communities is an ideal way to get the care you need for longer periods of time. Stays can range from a minimum of 14 days up to a maximum of 28 days. Availability varies, so we recommend getting in touch to find out how we can help.

“ My dad stays at Hadden Place for 10 weeks every year. For me it’s peace of mind and knowing that he’s well cared for. It’s the perfect spot for my dad. ”

Narelle, daughter of Matthew, a Hadden Place guest



Find out more at www.wmq.org.au/respite or call us on 1800 448 448



Embrace the feeling of home

Moving into a new environment can be daunting, but we are here to support you every step of the way. You won't just be moving into an aged care community, you will be joining a vibrant, mature group of individuals who know how to appreciate life.

You will find a new way of thinking about aged care at Wesley Mission Queensland. We value the importance of you and your loved ones being involved in your care and we focus on building a relationship with you based on trust, compassion, and friendship.

Moving into residential aged care doesn't mean that you need to stop enjoying your hobbies and activities. We encourage you to join our communities, to have fun, celebrate life, spend time with our community pets, enjoy nature and your hobbies – all while receiving the care you need.

Holistic Care – Eden Alternative™ Philosophy of Care



Live the way you want

We give you the choice, voice and control to make your own decisions about how you live. And we'll customise our care to suit you, no matter your needs.



Round the clock support

Our dedicated staff are here 24/7 to help you manage your health, medication and personal care. We also offer specialist support for people living with cognitive impairment and dementia.



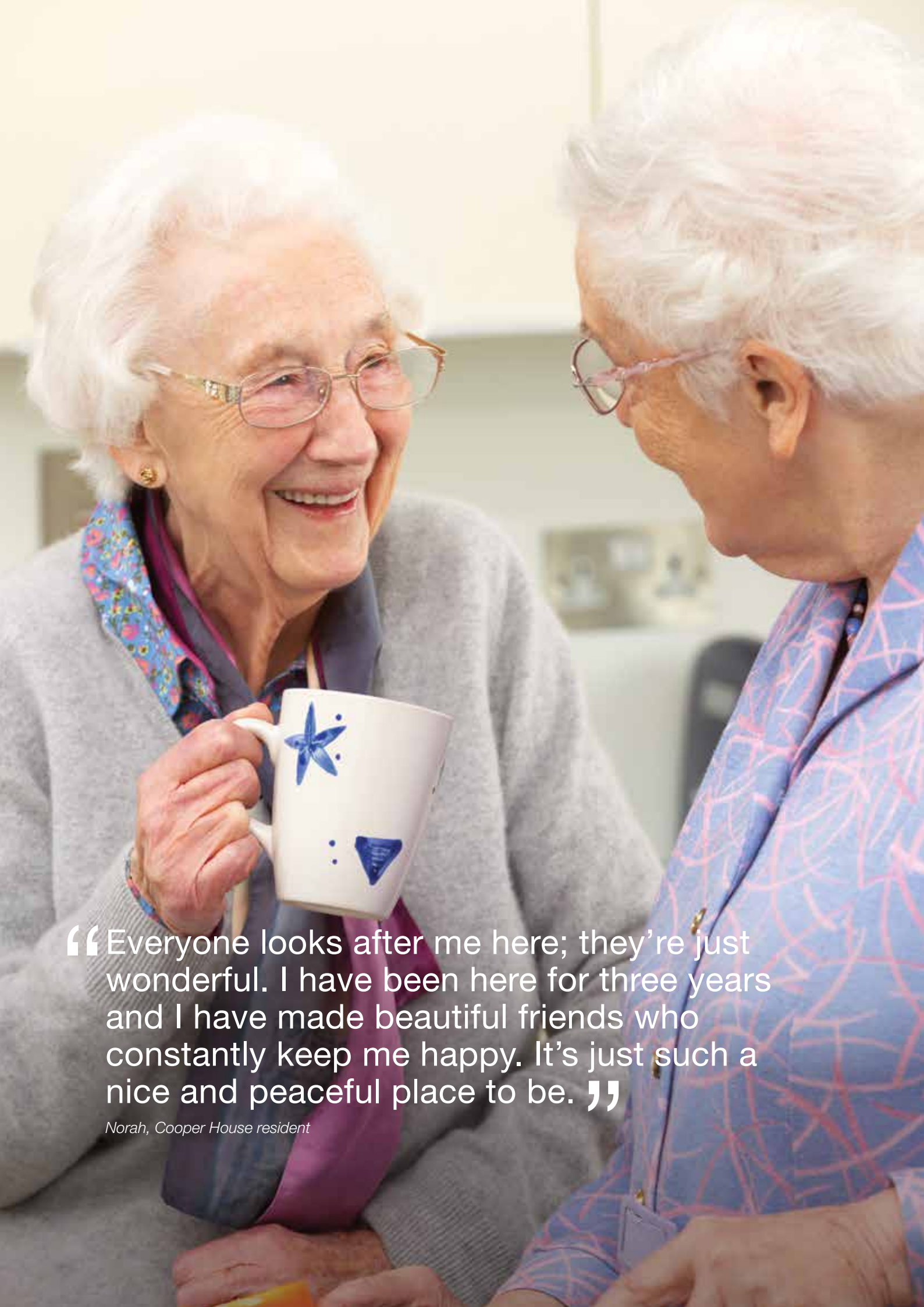
Your lifestyle, your choice

Moving here doesn't mean giving up what you love doing. Whatever you enjoy, we'll shape our leisure and wellness programs to make it happen.



Truly holistic care

All of our homes provide chaplaincy, pastoral care, occupational therapists, volunteers and religious services. We also provide compassionate and palliative end-of-life care.



“Everyone looks after me here; they’re just wonderful. I have been here for three years and I have made beautiful friends who constantly keep me happy. It’s just such a nice and peaceful place to be.”

Norah, Cooper House resident



The Eden Alternative™ Philosophy of Care

We're proud to be one of the few aged care providers in Australia that embrace the award-winning Eden Alternative™ Philosophy of Care, which puts you at the centre of everything we do.



The Eden Alternative is an innovative way of thinking about aged care. Its ethos is loving companionship, empowerment, and spontaneity – everything we all desire in our lives.

This philosophy is about enriching relationships and community life; valuing and empowering residents, staff, and families; and encouraging physical environments that include animals, children, and plants. We want residents to enjoy activities that are meaningful to them, and we endeavour to create an environment of variety and spontaneity where unexpected moments of joy can occur.





Understanding residential aged care funding

We understand that residential aged care funding can be confusing, but we are here to help you understand the costs and funding that might be available to you. Aged care fees are determined by the Australian government based on your assets and income. You may be eligible for government subsidies for some, or all, of the three main types of fees you may have to pay.

There are four main fee areas of residential aged care:



A basic daily fee for your daily living expenses
Set by the Commonwealth Government



Accommodation costs
Set by the aged care provider



A means-tested care fee that covers your care
Set by the Commonwealth Government



Additional services
Set by the aged care provider

The fees may vary depending on the aged care home you choose. Get in touch with us today to find out more and to see what may be suitable for you.

Find out more about residential aged care on www.wmq.org.au/rac or call us on 1800 448 448

We're here when you need us

With locations across South East Queensland, you can choose a service that is right for you.



Bundaberg



Hervey Bay



Gympie



Sunshine Coast



Brisbane



Gold Coast

Tweed Heads



Home Care



Health and Wellbeing




Retirement Living



Respite Care




Residential Aged Care


 We provide Home Care services across greater Brisbane




 Hyland House
Respite, Petrie

 Anam Cara Aged
Care Community, Bray Park

 Arana Hills Respite

 Wheller Gardens
Precinct, Chermside


 John Wesley
Gardens Aged
Care Community,
Geebung


 Brisbane Airport


 Aldersgate Retirement
Community, Red Hill

Brisbane City


 Balmoral Community
Centre

 Mount Gravatt

 Bethesda Aged Care
Community, Corinda


 Sinnamon Village Precinct,
Sinnamon Park

 **Wheller Gardens Precinct includes:**

 Residential aged care communities:

- Cooper House
- St Marks
- Emmaus Village
- Parkview

 Wheller Gardens Wellbeing Centre

 Wheller on the Park Retirement
Community

 **Sinnamon Village Precinct includes:**

 Residential aged care communities:

- Jacobs Court
- Kentish Court
- Knowles Court
- Nash Court
- Reid Court
- Dovetree

 Fulton Wellbeing Centre and
Hydrotherapy Pool

 Hadden Place Day and Overnight
Respite Centre

 Rosemount Retirement Community

At Wesley Mission Queensland, we pride ourselves on care that is tailored around you and your needs. Experience the difference today, visit www.wmq.org.au or call us on 1800 448 448



About Wesley Mission Queensland

We walk alongside people in need, offering care and compassion and promoting choice, independence and community wellbeing.

Your Story *is* Our Story.

Disclaimer: The contents of this publication are correct at the time of publication (September 2023). Information in this publication, and the facilities described, may be altered by Wesley Mission Queensland without notice if there is a change in circumstances.
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www.wmq.org.au

